To my acute and critical care nursing community: I am thrilled to introduce myself as the 2016-2017 GPC President. I am so incredibly honored to work amongst such a robust critical care nursing community that values quality education, collaboration, and community service. I continue to be inspired by you all on a daily basis, and hope to continue the tradition of excellence our great chapter has established.

Let me tell you a little about the journey that led me here. I was born and raised in Michigan, and graduated from Ferris State University in 2005 with my Associate’s Degree in Nursing, and in 2006 I finished my Bachelors in Nursing while working full time as a nurse in a step down unit (the school at the time didn’t have a continual BSN program in place).

Critical Care nursing had always interested me, and in 2007, I transitioned into the Coronary Intensive Care Unit (CICU) at Ingham Regional Medical Center in Lansing, Michigan. In 2008, I made the big move to Portland, Oregon, and started as a travel nurse for ICUs, with my first assignment at the Portland VA Medical Center. I then continued my travels to Providence St. Vincent Medical Center for a 6-month stint in their CCU, and eventually settled into a permanent position in the Kern ICU at Legacy Good Samaritan Medical Center. I then continued my travels to Providence St. Vincent Medical Center for a 6-month stint in their CCU, and eventually settled into a permanent position in the Kern ICU at Legacy Good Samaritan Medical Center in 2009. It was there that I learned about GPC and its offerings by attending the Critical Care Consortium, and then my first Critical Care Fall Symposium in 2010. I went to support my co-worker and Symposium Co-Chair, Amy Doepken, and was completely blown away by the caliber of the program. It fueled my fire to provide high quality care to my patients, and to learn everything I could to excel in my profession. In 2012, I transitioned to the CVICU at Legacy Emanuel Medical Center where I continue to work as a staff nurse, and at that time I chose to join the Symposium committee. In 2013, I became the Co-Chair of the 40th Annual Critical Care Fall Symposium—the highest attended AACN Symposium to this day. Those 11 months of planning were an exceptionally high learning curve, and I learned so much about leadership, communication, and other skills that I could use at and away from the bedside. Since then, I have been privileged to be a part of the GPC-AACN Board, helping to influence and educate our acute and critical care nursing community.

Never regret, If it’s good, It’s wonderful, If it’s bad, It’s experience. —Victoria Holt
This year at NTI in New Orleans, the incoming AACN President, Clareen Wiencek, unveiled the new President’s Theme. The theme for the year is, “It Matters”. Immediately, I got to work reflecting on what that meant to me, to my profession, and to my nursing community. It brought to mind the 5W’s of journalism: who, what, where, when, why, (and let’s not forget how). This theme can be interpreted so many ways, and that’s what I like best about it. The purpose of our profession is to care for others at their most vulnerable times. We do this, because It Matters. We sit with our patient who has no family to comfort them, because It Matters. We influence policies and protocols to make sure the best evidence-based care is being provided, because It Matters. We educate, we collaborate (and listen-sorry, couldn’t help myself), and we are team players, because It Matters. We go home, and work on taking care of ourselves to make sure we are healthy to take care of others, because It Matters. In the end, what, where, when, why, and how you do what you do to whom, matters. It Matters to your patients, their families, your colleagues, your nursing community around you, and you yourself. My goal this year is to help everyone recognize WHAT Matters. We at GPC-AACN are working hard to provide easily accessible and high-quality education, promote certification, encourage collaboration, and enhance the community around us—because, It Matters. This year, at the 43rd Critical Care Fall Symposium, the GPC-AACN Board will be holding a breakout session to invite our members (or those potentially interested in becoming members) learn about what the Board does, how to get involved, and what we can do to make your membership more fulfilling and pertinent to YOUR profession. We hope as a local chapter, you can depend on us to be a source of education, leadership, and support. Because to us, It Matters.

In closing, I am honored to be your President this upcoming year, and hope to work together with you and for you to continue to inspire our nursing community, exceeding your expectations.

Thank you.

Kim Kelly
BSN, RN, CCRN-CSC
She is the Clinical Educator for ICU, CVICU, PCU at PeaceHealth Southwest and she makes significant contributions to the nursing’s body of knowledge by being foremost a lifelong learner, herself. She holds a Bachelor’s Degree on both Nursing and Education. Whether it is formal or informal, she is dedicated to teaching. She influences and mentors others to achieve excellence by sharing her enthusiasm for learning. Carolyn does this through classes, meetings, skills fairs, or even 1:1 sessions. And, she does it with passion, compassion, excellence and intellect! She also takes the new critical care interns under her wing 3 times a year and ensures they get the education and skills they need to enhance their training at the bedside. Her duties go beyond educating. Carolyn demonstrates professional practice in her clinical inquiry and leadership by being very involved with the Epic builds and revisions and by being the key driver for the PHSW DKA protocol, among many other duties.

While working at the bedside, she held her CCRN, however, she went beyond that and obtained her Neuroscience certification (CNRN), as well—just to help her in her ICU Roles as Charge, Preceptor, Rapid Response, and Bedside Nurse.

As Critical Care Educator, Carolyn also assumed the responsibility for the training of 2 NEW units: a PCU and Neuroscience Unit due to being short an Educator. She not only taught classes, but supported them as the units opened and they began taking their new patient populations. She does not hesitate to offer her time and skills with any opportunity to ensure our patients are safe by confirming the nurses have the materials they need or the skills and abilities they require to operate the equipment they are using.

Carolyn’s unwavering commitment to education does not stop at the hospital doors. She furthers AACN’s mission and key initiatives by being an active member of the Greater Portland Chapter of the American Association of Critical Care Nurses as Education Co-Chair and will be the Chair next year. There are numerous other examples that demonstrate how much she has brought to critical care and suffice to say, she is a treasure to the Critical Care Department and other departments that pull on her expertise as a critical care nurse. Her clinical excellence in teaching and mentoring others results in exceptional patient outcomes.
The Greater Portland Chapter of the American Association of Critical Care Nurses Critical Care Consortium Presents:

The Advanced Preceptor Conference

OCTOBER 13th, 2016

I AM A PRECEPTOR AND...

Some Highlights:

- National Keynote Speakers
- Preceptor of the Year Award
- Wall of Honor
- Catered Lunch
- Entertainment
- Free Massages

Food for your Preceptor Soul: Fill Your Needs With These Healthy Topics

⇒ How to Receive Feedback Elegantly: The Other Side of the Communication Dance
⇒ Turning Painful Orientation Programs into Pleasant Preceptor Experiences
⇒ Lunch!!!
⇒ Awards
⇒ Hawaiian Dancers
⇒ Moving Beyond the Ostrich Syndrome: Strategies for Successfully Managing Conflict

Keynote Speakers:

Christine Schulman MS, RN, CNS, CCRN
Christine is serving a one-year term as President-elect of the American Association of Critical-Care Nurses (AACN) Board of Directors from July 1, 2016, through June 30, 2017. Ms. Schulman is currently a critical care and trauma Clinical Nurse Specialist at Legacy Health System in Portland, Oregon.

Alvin Jeffery, PhD(c), RN-BC, CCRN-K, FNP-BC
Alvin currently works in several capacities as an Education Consultant with Cincinnati Children's Hospital, an Instructor with Mount St. Joseph University, PICU direct care nurse, Quality Scholar Nurse Fellow and a Nursing Performance Measurement Consultant. Alvin enjoys working with graduate, undergraduate students and designing evaluation methods for educational activities.

Dave Hanson, MSN, RN, ACNS-BC, NEA-BC
Dave currently serves as the Regional Administrative Director of Practice, Education & Research for Providence Health & Services Southern California. Recognized for his passion and talent at creating and sustaining organizational clinical excellence; Dave is a dynamic leader with a reputation for teambuilding collaboration and an extraordinary role model for nurses who strive to advance the profession and quality of patient care.

Location
The Oregon Zoo
4001 SW Canyon Road
Portland, OR (503-226-1561)

- Easily accessible from highway 26.
- On Site Parking is $6.40 per day
- Max Light Rail runs east and west with a direct stop at the zoo.
Save the Date!

43rd Annual Acute & Critical Care Symposium
November 7th & 8th 2016
Online Registration opens July 15th
Early Bird Discounts until October 15th
Register Online at www.aacngpc.org

Call for Nursing Abstracts:
Acute & Critical Care Poster & Podium Sessions!
Discounted attendance rates for accepted poster presenters & speakers!
Applications & Information available at www.aacngpc.org
Submission deadline September 12th, 2016

Hotel Accommodations:
Hilton
Vancouver, Washington
301 W. Sixth St Vancouver, WA 98660
Phone 360-993-4500
Discounted room rates until 10.16.16!
www.vancouverwashington.hilton.com

Check out VisitVancouverUSA.com
As you plan your visit!

Featured Speakers:
Vicki Good MSN, RN, CENP, CPPS (AACN Past President)
Robert Martindale MD
Ken Christopher MD
Cynda Rushlow PhD, RN, FAAN
Nicole Kupchick MN, RN, CCRN, CCNS, PCCN
NTI 2016 was a huge success and a significant amount of fun in the great city of New Orleans. Each year it is reinvigorating, reenergizing, and reaffirms why I chose nursing as a profession. As the nursing co-chair for the 43rd Annual Acute & Critical Care Fall Symposium I am eager to bring that energy and excitement to our local symposium on November 7th & 8th 2016! Program planning for the symposium is underway and we are hoping to capture the spirit and energy of NTI and bring it to our Pacific Northwest region. We are eager and excited to announce keynote speakers including Ken Christopher, Nicole Kupchick, Cynda Rushton, Robert Martindale, & Vicki Good (Past AACN President) as well as many local and regional experts in nursing, pharmacy, respiratory therapy, and medicine! Our sunset & sunrise sessions are back and we have some well-deserving nursing units to celebrate as Beacon award winners as well as the Nurse of the Year!

The AACN president’s theme released by AACN President Clareen Wiencek for this upcoming year is IT MATTERS and wow does that theme ring true! Attendance at the 2016 symposium is about more than education it is about the opportunity for professional growth and development through networking and innovation. The Greater Portland Chapter of AACN is one of the largest AACN chapters in the United States. We have built an amazing network of acute and critical care nurses, advanced practice nurses, and nursing students. Our huge regional nursing network MATTERS as we work to advocate for the support and education we need to provide safe care for our patients and continue to move the culture of nursing practice forward in the Greater Portland area.

Continuing this symposium and fantastic tradition of interprofessional education is important and IT MATTERS! Plan to prioritize your attendance at the 2016 symposium, talk with your friends and invite those from outside our region to attend this wonderful event with you! Talk with nursing students about the importance of education and networking as well! Online registration opens in July! Mark your calendars for November 7th & 8th #itmatters!

We are looking forward to seeing all of you!

Michelle Dedeo DNP, RN, ACCNS-AG, CCRN

Greater Portland Chapter of AACN Presidents and their Symposium Co-Chairs

- 1972 Barbara Morgan (Thurton)
- 1973 Amy Saravanski (Lubinski)
- 1974 Sue Perhus (Deceased)
- 1975 Claudia Cass
- 1976 Vivian Baldwin
- 1977 Patricia Duncan
- 1978 Janet Bacon
- 1979 Maryanne Redding (Foy)
- 1980 Patricia Southard
- 1981 Lois Catts
- 1982 Mary Schoessler
- 1983 Debbie Reynolds
- 1984 Dorothy Boyd (Todd)
- 1985 Joyce Goitein (Shields)
- 1986 Nancy Gantz
- 1987 Sheryl Vaccar (Yardley)
- 1988 Vaili Brunken
- 1989 Marina McCollam Evelyn Seibel
- 1990 Linda Meyer Kathy VanBeck
- 1991 Donna Routh Becky Boehne
- 1992 Gail Sakuma Jeannine White
- 1993 Dan Laferriere Kathy Schach
- 1994 Jeannine White Vivian Gowan
- 1995 Vivian Gowan Marilou Sempio
- 1996 Rebecca Boehne Shirley Fitzgerald
- 1997 Rene Hoesksel Margy Larson
- 1998 Debbie Louis Shawn Schmelzer
- 1999 Mike Beaty Jeannie White
- 2000 Sandra Fontana Linda T. Meyer
- 2001 Traci Hoiting Barbara Ju
- 2002 Devorah Overbay Karen Ellmers
- 2003 Lynne Perkins Vicki Church
- 2004 Tommie Banks Rosalind Rockweit
- 2005 Elisa Walsh Rosalind Rockweit
- 2006 Katie Oyama & Chris Meyers
- 2007 Christine Meyers Amanda Green
- 2008 LuAnn Staul Diana Gauthier-Reid
- 2009 Cyndi Perez Diana Gauthier-Reid
- 2010 Jenny Richardson Amy Doepken
- 2011 Karen Godbole Ashley Blatchley
- 2012 Vivian Gowan Makayla Cordoza
- 2013 Tracey Gowan Kim Kelly
- 2014 Anna Mulessa Melissa Greig
- 2015 Missy Thingelstad Lori Ritter

Compiled by Ashley Woodward
I love to attend AACN’s NTI Conferences. It gives us such a boost to our profession – both for education and also for comradery and to refresh our enthusiasm for Critical Care Nursing! The conference this year in New Orleans fulfilled these and so much more. There was so much to do: over 350 classes in 4 days to choose from, exciting and entertaining Super Sessions, Chapter Dinners, Certification dinner, Poster presentations, a sample of New Orleans with brass bands and a tour of Mardi Gras World. We were able to experience the St Charles Streetcar as well as being to using UBER for our transportation from our hotel to the convention center, tours of New Orleans via Segway rides and horse drawn carriages... so much to do and so much to see!!! And then there was the food – creole dishes, eating in the courtyard cafes in the French district, beignets and coffee at Café Du Monde.....

As far as the lectures, there were the newest updates in the world of quality indicators CLABSI, CAUTI, Sepsis 3.0, VAP, ABCDE Bundles, Delirium, Post Intensive Care syndrome, is the CVP out – checking fluid responsiveness. ECMO, etc. Then there were classes on taking care of yourself including Moral distress, bullying, moral courage, beating burnout and reclaiming passion and such. I just wish there were more time to attend - we must have walked miles in the convention center just getting to all the classes!!

My Favorite takeaway: listening to the lecture by Elizabeth Scruth called Rethinking Critical Care. She empowered her nurses to protect their right to provide nursing care rather than the endless tasks that are being added to our workload everyday pertaining to charting more, filling our another audit tool, etc. She empowered her staff (and us) to ask as another task is being added to our work day:

“If you want me to do that (new task) then what are you taking away?

There are only so many hours in my shift, and if you want me to do that, then what are you taking away to allow me the time to complete it without sacrificing direct patient care. I love this attitude. I have already told several of my coworkers about this new attitude, and they also love it!!

Another class I enjoyed was the use of smartphones at the bedside. The one thing I loved hearing about was a unit that would make QR codes and attach them to a sign on new equipment that would link the nurse to YouTube and a very short video of one of the staff explaining how to use the equipment as a refresher to the regular education we receive. They call in “Just in time” education/updates.” What a great idea!! That could potentially have many uses for our unit.....

I would highly recommend considering going to NTI. It provides so many educational opportunities, comradery, and just plain fun.
Merit Scholarship Recipients Share Their Learnings

Do Good Work and Put it where People Can See It

By Cynthia Perez, MS, RN, CNS, CCRN

I attended many lectures at NTI this year in New Orleans but found one to be especially inspirational. The lecture was “Successfully Disseminating Project Outcomes”. The course speakers were a CNS and Nurse Manager from the University of Colorado. The main objective of the course was to encourage nurses at all levels to share knowledge/projects through a variety of methods. There is such good work going on at the unit level: share, share, share (and then publish).

Start small and work your way up to publication:

- Send an email to your unit
- Present to your unit and/or unit leadership
- Create a summary document or unit poster
- Write an abstract to submit for either a poster or podium presentation at a local or national conference
- Publish (be patient). Just write it, then edit: the phases for writing for publication are: edit, edit, edit!

Identify a mentor and start sharing your projects/information. If this was important to you or your unit, it will be important to others. Some recommendations from the speakers about what to share included:

- Disseminate evidence or research findings
- Share successful initiatives, innovations, programs or projects
- Share interesting cases and/or challenging experiences
- Share new procedures, techniques, drug therapy

A recommendation from the Institute of Medicine (IOM) “The Future of Nursing: Leading Change, Advancing Health”, “Nurses should be full partners, with physicians and other health care professionals, in redesigning health care in the United States”.

The advancement of nursing science is our professional responsibility. Be proud of what you do and share your process improvement projects widely in as many venues as possible. The secret is “do good work, and then put it where people can see it”.

NTI Supersessions in New Orleans (NOLA): Inspiration with Restoration

By Karen Godbole, MSN, RN, CNRN

Nike, Inc. nailed it with their “Just do it” slogan! That mantra—although not actually repeated throughout the NTI Supersessions—was seamlessly woven throughout the many messages from the speakers. That simple slogan also underscored this past year’s theme of “Courageous Care” as nurses demonstrated their Courageous Care by just doing something, despite the possible ramifications and it accentuates this year’s theme of “IT MATTERS” as we must take action to accomplish goals and one of those is taking care of YOU. The guest speakers all had inspirational and motivational life experiences that they shared with the 8000 receptive attendees! The intent of this article is to share some thoughts from a just a few speakers and, although the stimulating entertainment and energizing atmosphere cannot be captured here, entice YOU to attend an NTI to inspire and restore your spirit and soul.

Karen McQuillan, AACN’s President 2015-2016, eloquently shared her stories from nurses across the nation about how they Courageously Cared in difficult times. She also recognized the NOLA Nurses for helping to rebuild our host city! Being from Maryland, she also talked about how much she liked to catch blue crabs and how that once caught and placed in a basket, the crabs do not need a lid to keep them from escaping. The other crabs will grab any potential escapee and drag them back down into the basket to meet their doom! She termed it “Crabism”. Does this sound like behaviors of those working in anything less than a Healthy Work Environment?

(Continued on Page 9)
Dan Harris, co-anchor on “Nightline” and author of “10% Happier” among his other talents, shared his story of a panic attack on national TV. He continued to enlighten us on his journey to get his life back on track by using “Mindfulness” as a tool. He talked about how meditation actually changes the makeup of the brain by increasing the self-awareness gray matter and shrinking the stress area. He also shared that happiness is really a skill! Dan jovially compared the other ways we tend to think: with “useless rumination versus constructive anguish”. He recommended these 3 steps and also noted that this was like going to the gym—it’s hard! For 5-10 Minutes, do this:

☞ Sit straight in a chair.
☞ Focus fully on your breath
☞ Bring your attention BACK. Do this again and again—you don’t have a clear mind!!

This focusing taught him that mindfulness is knowing what is happening right now, but also knowing that you do not have to take to bait and ACT on it right now. It allows you to, figuratively, step out of the traffic of your mind and view it sanely. He also commented that “Mindfulness” appears to be the Silicon Valley’s new caffeine and that meditation is the next health revolution—like running used to be. It makes one contemplate on how “Mindfulness” can be applied not only in daily life, but in the work setting to help make that shift go and little better or just to be present and mindful with our patients, families, and co-workers!

Finally, Mel Robbins—speaker, CNN Contributor, author and creator of the Five Second Rule and who started her career as a defense attorney—was energizing as she walked on stage with her bedazzled high tops and shared her story of when she was stuck in a very dark place in her life and that she knew she needed to do something about it, but couldn’t find the energy or the will. So, she recalled that before she went to bed one night, she saw a rocket taking off on an infomercial and told herself that was the key. In the morning, she would count down 5-4-3-2-1, and just get up and DO what she told herself she would do the night before. It worked!! She went on to tell us that “It takes 5 seconds to change your life.” She stated that there’s only one thing standing in between you and the life you have always wanted – and that’s YOU.

It takes five seconds to change your life, because in five seconds you can let your doubts, fears and hesitations take hold, or you can push yourself past them and do what you really want—meet a person you have always wanted to meet, sign up for college, go for a promotion. Whatever you want to do, and have been allowing your brain to talk you out of, can really change your life—and it takes 5 seconds! She calls it the “Five Second Rule” and it is a researched-back way to realize your confidence and courage. She has shared this concept all over the world to help others change behavior, share ideas, and remove negative thoughts that hold them back. She has an enlightening TEDx Talk on “How to Stop Screwing Yourself Over” and a book on brain and productivity entitled, “Stop Saying You’re Fine.” She is well integrated into all the social media venues and you can sign up for her weekly “pushes” to help you move past those things that may be holding you up!

Not only were the keynote speakers awe-inspiring, but the musicians, artists, comedians, and our AACN Board members were instrumental by sharing personal moments that aided in this restorative process.

Attending NTI is not just for the vast educational opportunities or the networking, but for the rebuilding, refueling, and rejuvenating one’s soul and spirit, because—
Check out GPC website (www.aacngpc.org) for information about Merit Scholarships—Money for education! They are awarded Quarterly. Application for next quarter are due September 1st!

GPC-AACN’s July CCRN and PCCN Review

WOW!!

101 nurses registered for the CCRN/PCCN Review that was held July 18 & 19 at Providence Portland. Participants came from throughout the entire West Coast from LA to Seattle, representing tiny hospitals to huge teaching facilities.

Everyone got an intellectual workout from the ever popular and engaging instructor, Nicole Kupchik. She packed a broad range of critical care subjects into two very full days. Participants indicated confidence in their ability to pass the exam afterwards. 44 RNs signed up for the exam, including 26 new AACN members.

Carolyn Cannard, BSN, BA, RN, CNRN

Planting Seeds...

We would love to have chapter involvement from every hospital, please consider representing your organization on GPC committees and events. Contact volunteer services at news4gpc@gmail.com.
Remembering NTI

43rd NTI
New Orleans
May 16-19, 2016

Region 18 Dinner at Muriel’s

Kim and Tracey at the Region 18 Dinner

Mardi Gras World: Nurse’s Night Out

Nicole and Liz

Chris and the Hawaiian Chapter
Remembering NTI 2016 (continued)

GPC-AACN Chapter was presented with 3 AACN Circle of Excellence Recognition Awards!!

Amazing Sand with Light Artist!

Leadership Development Workshop

Celebrating Courageous Care at NTI

Band and Dancers at Opening Super Session

Clareen Wienczek
AACN President
2016-2017
Your Greater Portland Chapter Board Highlights

May 2016

**Board:** Discussed the use of PayPal as it is the best financial option for the group. Approved to use this by the Board. Discussed the Region 18 dinner in NOLA—sold out with 80 attendees. Submission deadline for the Nurse of the Year to be May 9th, 2016 with plans to award the end of the month. Board Member recruitment: All positions are filled and Donna to build for voting, Donna to send out so we can have the Transition meeting by June 2nd. Missy asked if there was interest in doing a Summer Community event. Kim to explore options.

**Consortium:** Course dates: Summer course starting shortly with 34 registrants. New speakers are being recruited. Advanced Preceptor Conference: Thursday, October 13th, 2016. Geary Gardner Chair and Zoe created save the date.

**Education:** Spring Member Appreciation Event: 30-40 nurses attended at Cornelius Pass Roadhouse, mixed reviews on the presentation, overall positive feedback. Estimated expenses $2997.13, revenue $450.00. The July CCRN/PPCN Review: To be July 18-19 at PPMC with Nicole, currently 40 registrants.

**Membership:** Discussed the use of PayPal as it is the best financial option for the group. Approved to use this by the Board. Discussed the Region 18 dinner in NOLA—sold out with 80 attendees. Submission deadline for the Nurse of the Year to be May 9th, 2016 with plans to award the end of the month.

**Merit Scholarships:**
**Deadlines reviewed**—
Attendance July 1-September 30, submission June 1st.
Attendance October 1-December 31, submission September 1st.
Attendance January 1-March 30, submission December 1st.
Attendance April 1-June 30, submission March 1st.

**Newsletter:**
**Deadlines reviewed**—
Submission June 15, publication July 1st.
Submission deadline September 1st, publication October 1st.
Submission deadline January 15th, publication February 1st.
Submission deadline April 15th, publication May 1st.

**Public Relations/Chapter Website:** We will discuss using Square One as our server and discuss at transition meeting next meeting.

**Symposium:** OSCCM check received, they are meeting to discuss rural scholarships. Actively recruiting co-chair. Linda dispersed vendor list. Emails were sent with symposium information.

Your Greater Portland Chapter Board Highlights (Continued)

Your 2016-2017 Greater Portland Chapter Board Members:

President
Kim Kelly BSN, RN, CCRN

Past President
Missy Thingelstad BSN, RN, CCRN

President-Elect
Becky Campbell BSN, RN, CCRN

Treasurer
Nancy McCully MSN, MBA, RN, CCRN

Treasurer-Elect
Anna Melbourne MSN, MBA, RN, CCRN

Secretary
Jenny Cloud MBA, BSN, RN, CCRN

Public Relations/Webmaster
Tara Menon MN, RN, CCRN

Education Chair
Carolyn Cannard BSN, BA, RN, CCRN, CNRN

Education Co-Chair
Adrienne McDougal RN, BSN, CCRN-K

New Board Member-at-Large
Margaret M. Ecklund MSN, RN, CNS

Previous Board Member-at-Large
LuAnn Staul MN, RN, CNS

Newsletter Editors
Tracey Loudon MN, RN, CNS, CCNS, CCRN-K & Karen Godbole MSN, RN, CNRN

2016 Critical Care Symposium Co-Chair
Michelle Bedeeo DNP, RN, ACCNS-AG, CCRN

June 2016

Board: Transition Meeting for the introduction of the New Board Members. See below for the members. Kim handed each board member a notebook with their position description and the strategic plan for the upcoming year. It also included a Commitment Statement for each member to sign and return to her at their discretion. She spoke on the AACN Theme: It Matters! Announced the Nurse of the Year and planning a breakfast for the unit in celebration. Date TBD. Strategic Plan Reviewed and comments in the highlights.

Consortium: 2017 will be 20th Anniversary with over 3,000 nurses have gone through the course! New computer being purchased. Speakers for July/Aug course are being confirmed. Registration deadline July 1st.

Advanced Preceptor Conference is October 13th, Save the Date flyer to be going out soon! Hawaiian theme, yoga, mindfulness.

Education: Updates on July CCRN/PCCN Review given. Registrations on target.

Membership: GPC has made the move to use national AACN Membership Numbers as local GPC Membership Numbers, eliminating the need to track two membership numbers. GPC is transitioning this. History of memberships will be maintained for reference purposes. Membership Renewal Drive to be done by email. Notifications to start going out mid-June with follow-up reminder after the 4th of July. Land mail renewal notice will go out first of August to those who have not replied.

Merit Scholarships: Discussion on low use of scholarships by general membership, used mostly by current or past GPC Board Members. Discussion on how to better communicate this opportunity to the GPC Membership. Discussion on review of requirements to make it more membership friendly.

Newsletter: New format coming soon! Submission deadlines reviewed.

Public Relations/Chapter Website: Discussion on changing website host and time involved in moving website content. Suggestion made to move hosting site to Square Space. Public Relations duties to be separated from Website duties—President-elect to assist in these duties.

Opportunities for community service discussed, places that GPC-AACN can have a presence i.e. CPR or BP Table, etc. Several options suggested: Bridge Pedal or Scrubs Run in August, Race for Cure in September. Also discussed how to increase GPC exposure using Facebook. “Like” the site! Post things more often that relate to nursing, not just GPC.

Symposium: OSCCM involvement has been minimal this year and Rural Scholarships may not be an option for 2016. Co-Chair recruitment: Ellie Olson has expressed an interest and will be attending meetings to get an overview of the job. There has been some difficulty in contacting neuro speaker, Michelle is working with Donna to locate alternate contact options. Save-the-Date flyer being finalized. Agenda also being finalized and speakers being assigned to rooms.


No Meeting in July